


Zang

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

Couplet 1

♩ = 112

B7 Em Em/A Am7



Het is vroeg in de mor-gen. Het is koud, ik ben moe Ik moet m'n

D C G Am7



bed uit, maar het lukt niet El-len-de en ge-doe Mijn zus-je laat me schrik-ken We


G Am7 B7sus4 B7



schie-ten in de lach Nu kan ik er weer te-ge-n. Ik ben klaar voor de-ze dag

Refrein


Em C G D



Geef je e-ner-gie dan krijg je e-ner-gie Geef je e-ner-gie dan krijg je e-ner-gie

Couplet 2

Em Am



On-der-weg naar Span-je Kor-te broek en zon-ne-bril Gaat in-

D C G Am



eens een lamp-je bran-den e-ven la-ter staan we stil Daar staan we langs de snel-weg We

G Am B7sus4 B7



ne-men een be-sluit We du-wen met z'n al-len En we kun-nen weer voor-uit!

ENERGIE

Zang

Refrein

Em 22 C 23 G 24

Geef je e - ner-gie dan krijg je e - ner-gie Geef je e - ner-gie dan

Couplet 3

D 25 Em 26 C 27

krijg je e - ner-gie Ik sta te swin-gen in een vol - le zaal le - der - een is in de mood Lek-ker

G 28 D 29

dan - sen, lek - ker sprin - gen Het is een feest - je life is good! Maar op het

Em 30 C 31

hoog - te - punt, zo - als je ra - den kunt Hoor ik een har - de knal De

Am7 32 33 34

stroom valt uit Er is geen ge-luid Dit is een nood-ge-val! Maar ik ga niet zit-ten treu - ren Dus

G 35 Am7 36 B7sus4 37

roep ik als een boss Doe met me mee Ik tel tot twee Dan gaan we sa - men los

Refrein

B7 38 Em 40 C 41

Eén en twee en... Geef je e - ner-gie dan krijg je e - ner-gie

ENERGIE

Zang

42 1 D 2 D Brug C

Geef je e-ner-gie dan krijg je e-ner-gie krijg je e-ner-gie Als je e-ner-gie geeft

46 Bm Em Am7 47

krijg je die t'rug Dus kom van je stoel en laat de boel de boel Je

48 B7sus4 B7 49 50

weet wat ik be-doel Stamp stamp klap klap klap Stamp stamp klap en draai

51 C 52 53

Stam stamp klap klap klap Stamp stamp klap en draai E-ven sprin-ten op je plek van

54 Bm Em Am7 B7sus4 B7 55 56

één en twee en drie Spring zo hoog je kunt En nog eens Voel de e-ner-gie

Slotrefrein

57 C#7sus4 C#7 F#m D 58 59

Yeah Geef je e-ner-gie dan krijg je e-ner-gie

60 1 E 2 E C#7 F#m D E F# 63 64

Geef je e-ner-gie dan krijg je e-ner-gie krijg je e-ner-gie

Part 1 C upper

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

♩ = 112

Couplet 1



Refrein



Couplet 2



Refrein

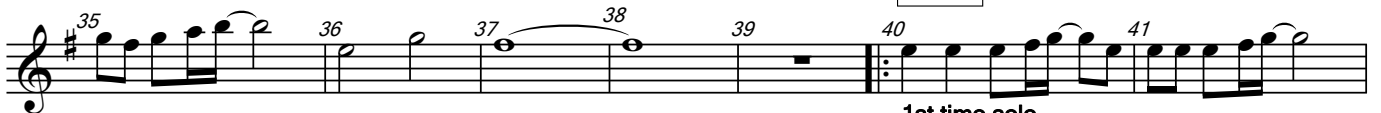
Couplet 3



Clap



Refrein

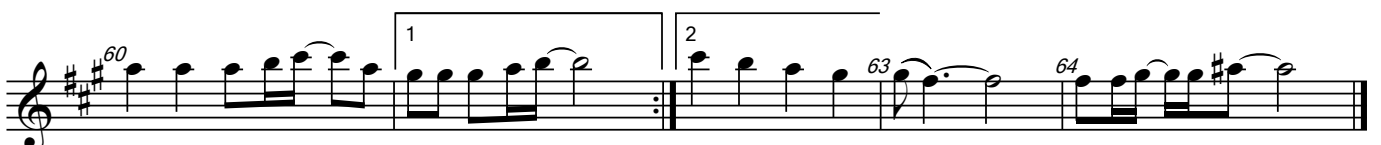


1st time solo
2nd time tutti

Brug



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 1 C

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

♩ = 112

Couplet 1



Refrein



Couplet 2



Refrein



Couplet 3

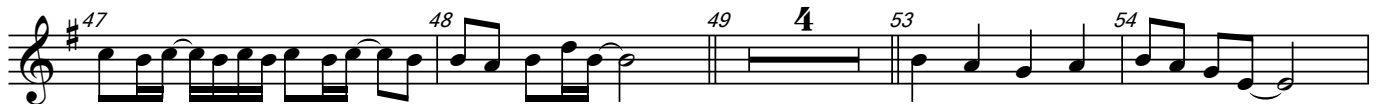


Refrein

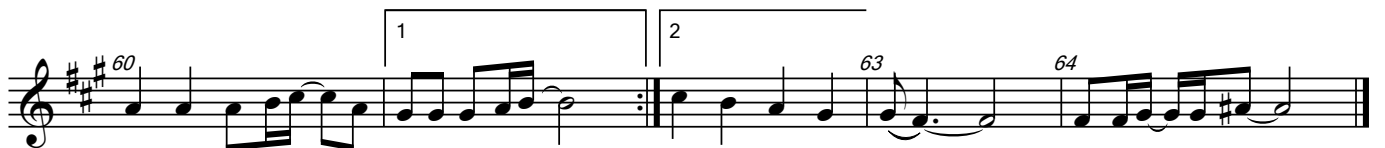


1st time solo
2nd time tutti

Brug



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 1 B \flat

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$ Couplet 1



Refrein



Couplet 2



Refrein Couplet 3



Clap



Refrein



1st time solo
2nd time tutti

Brug



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 1 Eb

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1



Refrein



Couplet 2



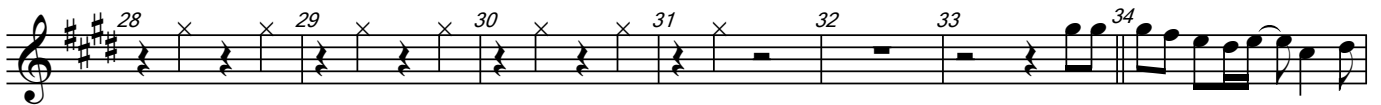
Refrein



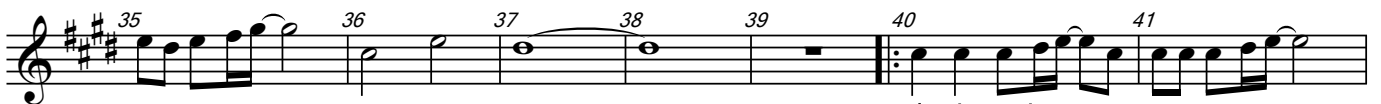
Couplet 3



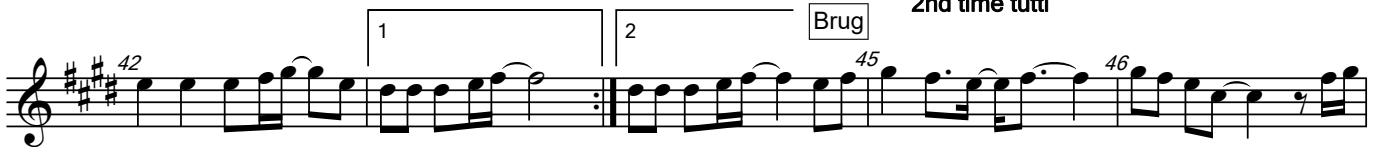
Clap



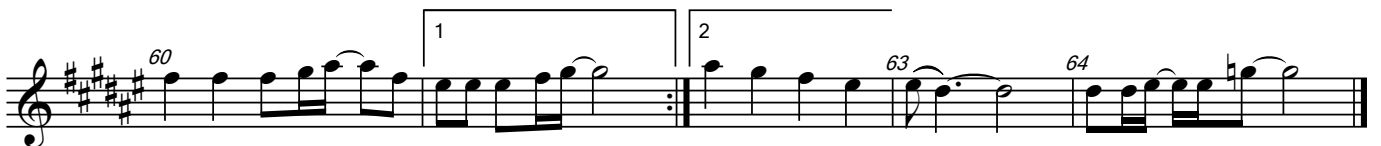
Refrein



1st time solo
2nd time tutti



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 2 B \flat

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$ Couplet 1



Refrein



Couplet 2



Refrein



Couplet 3



Clap

Refrein



2nd time only

Brug



Slotrefrein



Slotrefrein



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 2 Eb

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1



Refrein



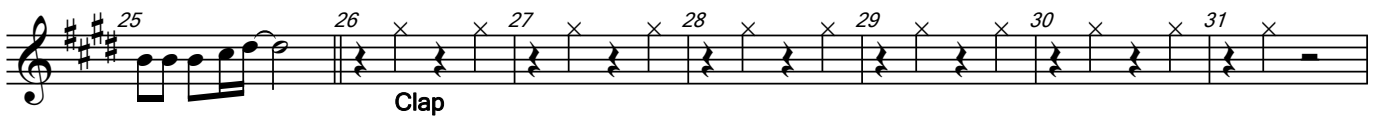
Couplet 2



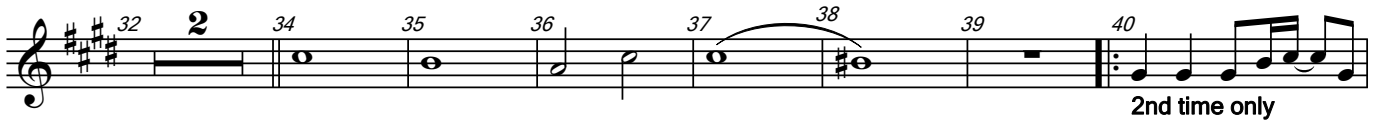
Refrein



Couplet 3



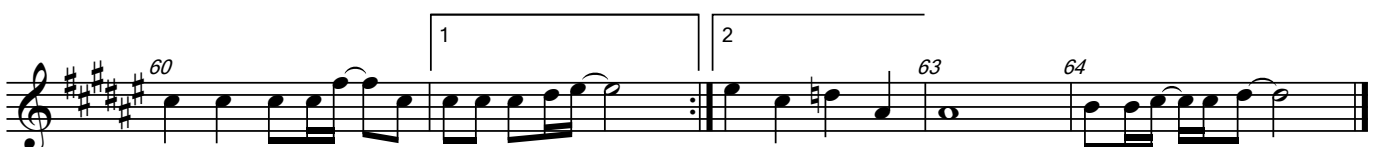
Refrein



Brug



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 2 F

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1



Refrein



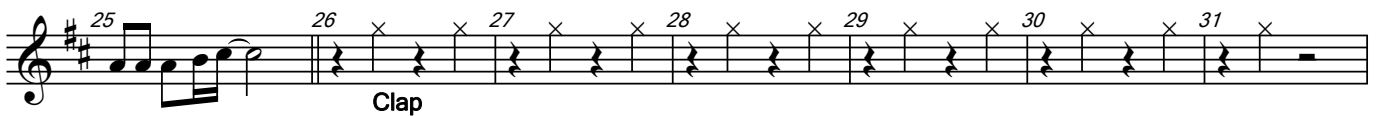
Couplet 2



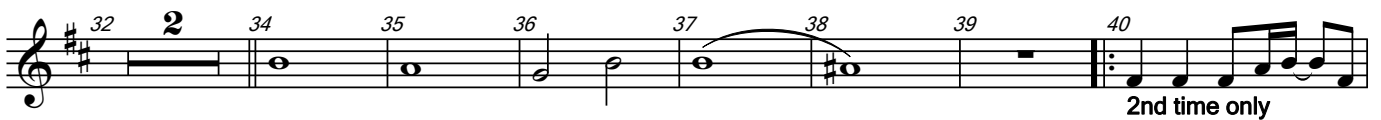
Refrein



Couplet 3



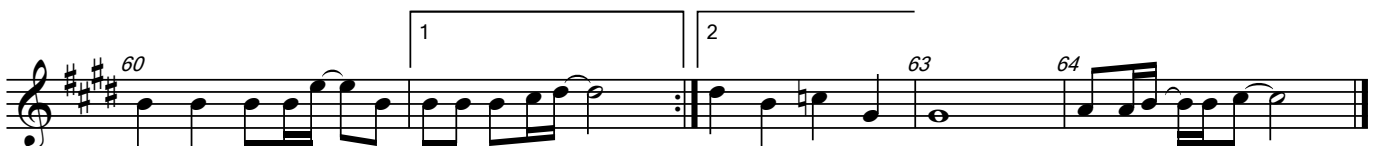
Refrein



Brug



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 3 B \flat

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1



Refrein



Couplet 2



Refrein



Couplet 3



Clap



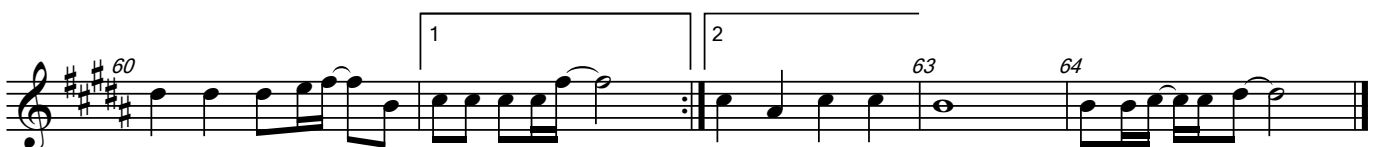
Refrein



2nd time only



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 3 B \flat

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$ Couplet 1



Refrein



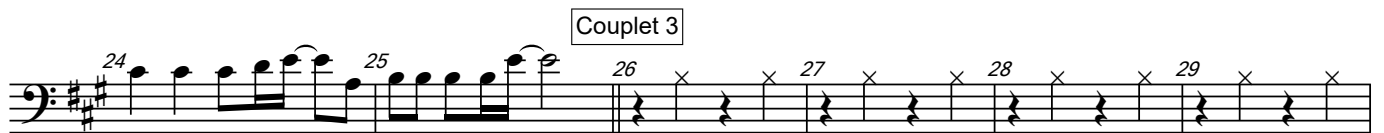
Couplet 2



Refrein



Couplet 3



Clap



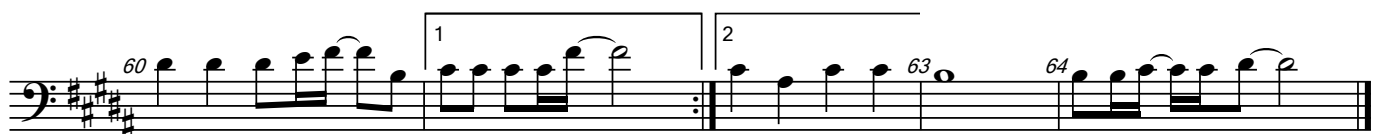
Refrein



2nd time only



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 3 Eb

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$ Couplet 1



Refrein



Couplet 2



Refrein



Couplet 3



Clap



Refrein



1 2 Brug



2nd time only



Slotrefrein



1 2



Part 3 F

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

♩ = 112

Couplet 1



Refrein



Couplet 2



Refrein



Couplet 3



Clap



Refrein



2nd time only

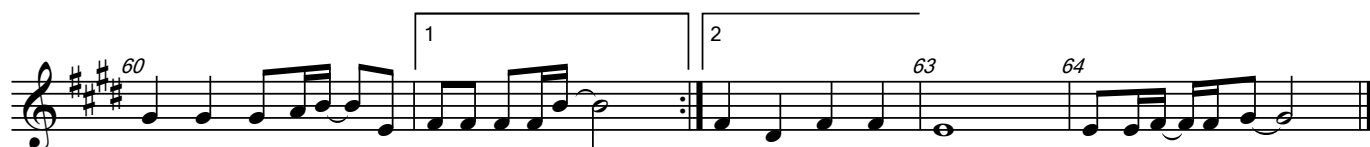
1

2

Brug



Slotrefrein



Part 3 C

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1



Refrein



Couplet 2



Refrein



Couplet 3



Clap



Refrein



2nd time only



Brug



Slotrefrein



1 2



ENERGIE

Kindermuziekweeklied 2024

Part 4 B \flat

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$ Couplet 1



Refrein Couplet 2



Refrein Couplet 3



Refrein Brug



Slotrefrein



ENERGIE

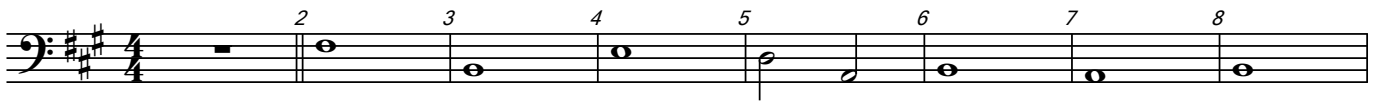
Kindermuziekweeklied 2024

Part 4 B \flat

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1



Musical notation for Couplet 1, measures 2-8. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 2: whole note G4, 3: whole note A4, 4: whole note B4, 5: quarter note C5, quarter note B4, 6: quarter note A4, quarter note G4, 7: quarter note F#4, quarter note E4, 8: quarter note D4.

Refrein

Couplet 2



Musical notation for Refrein and Couplet 2, measures 9-14. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 9: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 10: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 11: quarter note E4, quarter note D4, quarter note C4, quarter note B3, 12: quarter note A3, quarter note G3, quarter note F#3, quarter note E3, 13: quarter note D3, quarter note C3, quarter note B2, quarter note A2, 14: quarter note G2, quarter note F#2, quarter note E2, quarter note D2.



Musical notation for Refrein and Couplet 2, measures 15-20. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 15: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 16: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 17: quarter note E4, quarter note D4, quarter note C4, quarter note B3, 18: quarter note A3, quarter note G3, quarter note F#3, quarter note E3, 19: quarter note D3, quarter note C3, quarter note B2, quarter note A2, 20: quarter note G2, quarter note F#2, quarter note E2, quarter note D2.

Refrein

Couplet 3



Musical notation for Refrein and Couplet 3, measures 21-25. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 21: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 22: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 23: quarter note E4, quarter note D4, quarter note C4, quarter note B3, 24: quarter note A3, quarter note G3, quarter note F#3, quarter note E3, 25: quarter note D3, quarter note C3, quarter note B2, quarter note A2.



Musical notation for Refrein and Couplet 3, measures 26-30. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 26: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 27: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 28: quarter note E4, quarter note D4, quarter note C4, quarter note B3, 29: quarter note A3, quarter note G3, quarter note F#3, quarter note E3, 30: quarter note D3, quarter note C3, quarter note B2, quarter note A2.



Musical notation for Refrein and Couplet 3, measures 31-39. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 31: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 32: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 33: quarter note E4, quarter note D4, quarter note C4, quarter note B3, 34: quarter note A3, quarter note G3, quarter note F#3, quarter note E3, 35: quarter note D3, quarter note C3, quarter note B2, quarter note A2, 36: quarter note G2, quarter note F#2, quarter note E2, quarter note D2, 37: quarter note C2, quarter note B1, quarter note A1, quarter note G1, 38: quarter note F#1, quarter note E1, quarter note D1, quarter note C1, 39: quarter note B0, quarter note A0, quarter note G0, quarter note F#0.

Refrein

Brug



Musical notation for Refrein and Brug, measures 40-42. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 40: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 41: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 42: quarter note E4, quarter note D4, quarter note C4, quarter note B3.



Musical notation for Refrein and Brug, measures 45-53. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 45: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 46: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 47: quarter note E4, quarter note D4, quarter note C4, quarter note B3, 48: quarter note A3, quarter note G3, quarter note F#3, quarter note E3, 49: quarter note D3, quarter note C3, quarter note B2, quarter note A2, 50: quarter note G2, quarter note F#2, quarter note E2, quarter note D2, 51: quarter note C2, quarter note B1, quarter note A1, quarter note G1, 52: quarter note F#1, quarter note E1, quarter note D1, quarter note C1, 53: quarter note B0, quarter note A0, quarter note G0, quarter note F#0.

Slotrefrein



Musical notation for Slotrefrein, measures 54-58. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 54: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 55: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 56: quarter note E4, quarter note D4, quarter note C4, quarter note B3, 57: quarter note A3, quarter note G3, quarter note F#3, quarter note E3, 58: quarter note D3, quarter note C3, quarter note B2, quarter note A2.



Musical notation for Slotrefrein, measures 59-64. The key signature is two sharps (F# and C#) and the time signature is 4/4. The notes are: 59: quarter note G4, quarter note A4, quarter note B4, quarter note C5, 60: quarter note B4, quarter note A4, quarter note G4, quarter note F#4, 61: quarter note E4, quarter note D4, quarter note C4, quarter note B3, 62: quarter note A3, quarter note G3, quarter note F#3, quarter note E3, 63: quarter note D3, quarter note C3, quarter note B2, quarter note A2, 64: quarter note G2, quarter note F#2, quarter note E2, quarter note D2.

ENERGIE

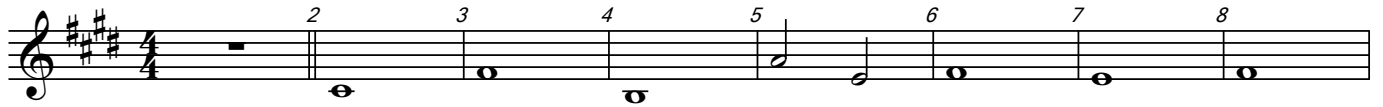
Kindermuziekweeklied 2024

Part 4 Eb

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1



Refrein

Couplet 2



Refrein

Couplet 3



Refrein

Brug



Slotrefrein

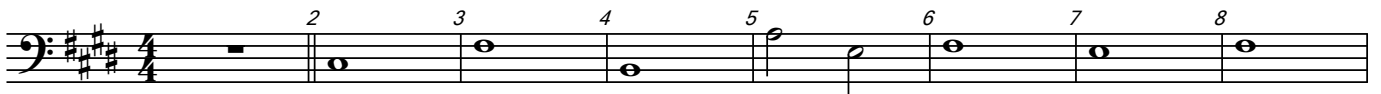


Part 4 Eb

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1



Refrein

Couplet 2



Refrein

Couplet 3



Refrein

Brug



Slotrefrein



ENERGIE

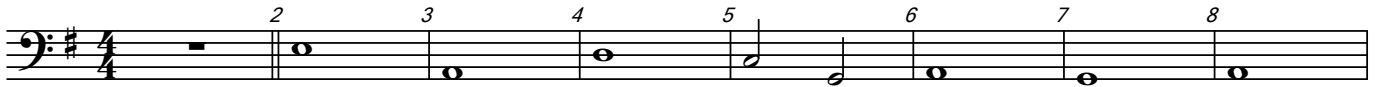
Kindermuziekweeklied 2024

Part 4 C

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

♩ = 112

Couplet 1



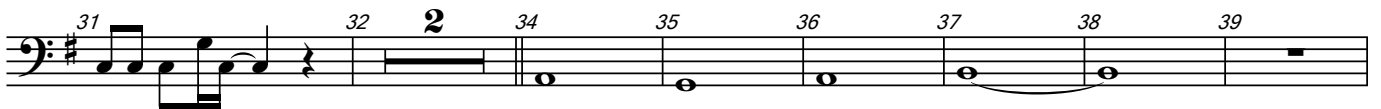
Refrein

Couplet 2



Refrein

Couplet 3



Refrein

Brug



Slotrefrein



ENERGIE

Kindermuziekweeklied 2024

Part 4 C low

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

♩ = 112

Couplet 1

Musical staff 1: Couplet 1, measures 2-8. The staff is in bass clef with a key signature of one sharp (F#) and a 4/4 time signature. It contains a whole rest in measure 2, followed by eighth notes in measures 3-8.

Refrein

Couplet 2

Musical staff 2: Refrein, measures 9-14. The staff continues with eighth notes and quarter notes.

Musical staff 3: Refrein, measures 15-20. The staff continues with eighth notes and quarter notes.

Refrein

Couplet 3

Musical staff 4: Refrein, measures 21-25. The staff continues with eighth notes and quarter notes.

Musical staff 5: Refrein, measures 26-30. The staff continues with eighth notes and quarter notes.

Musical staff 6: Refrein, measures 31-39. The staff continues with eighth notes and quarter notes, ending with a whole rest in measure 39.

Refrein

Brug

Musical staff 7: Refrein, measures 40-42. The staff continues with eighth notes and quarter notes.

Musical staff 8: Refrein, measures 45-53. The staff continues with eighth notes and quarter notes, ending with a whole rest in measure 53.

Slotrefrein

Musical staff 9: Slotrefrein, measures 54-58. The staff continues with eighth notes and quarter notes, ending with a double bar line and repeat sign.

Musical staff 10: Slotrefrein, measures 59-64. The staff continues with eighth notes and quarter notes, ending with a double bar line and repeat sign.

ENERGIE

Kindermuziekweeklied 2024

Drumset

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\bullet = 112$

Couplet 1

8 9 Toms C.C. H.H. 10 11 12

Couplet 2

13 14 15 16 17

Refrein

18 19 20 21 22

Couplet 3

23 24 25 26 27

28 29 30 31 32

33 Cowbell 34 Rim-click 35 36 37 38 39

Refrein

40 41 42

1 Play 2 Brug

2nd time only

The image shows a drum set score for the song 'ENERGIE'. It is written in 4/4 time with a tempo of 112. The score is divided into several sections: Couplet 1 (measures 8-12), Couplet 2 (measures 13-17), Refrein (measures 18-22), Couplet 3 (measures 23-27), and another Refrein (measures 28-32). There are also sections for Cowbell (measures 33-39) and a final Refrein (measures 40-42) with a '2nd time only' instruction. The score includes various drum parts: Toms, C.C. (Congas), H.H. (Hi-Hats), Cowbell, and Rim-click. There are also 'Play' and 'Brug' (Bridge) markings. The notation uses standard drum set symbols: 'x' for snare, 'o' for tom, 'x' for conga, and 'x' for hi-hat. The score is written on a grand staff with a bass line and a drum line.

ENERGIE

Drumset

45 46 47 48 49

50 51 52 53 54

Slotrefrein

55 56 57 58 59

60 61 62 63 64

1 2

Percussion

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

♩ = 112

Couplet 1 Refrein Couplet 2

S.C. ⊕ 2 8 10 **Beating** 11 12 13 14

15 16 17 18 19 20 21

Refrein Couplet 3

22 23 24 25 26 **Clap** 27

28 29 30 31 32 33 **Barchimes** 34 5

Refrein 1 2 Brug

39 ⊕ 40 **2nd time only** 41 42 45

46 47 48 49 **Clap** 50 51

Stamp

52 53 54 55 56 57 ⊕ 58 **Slotrefrein**

59 60 63 64

The musical score is written on a single staff in 4/4 time with a tempo of 112. It consists of 64 measures. The score is divided into sections: Couplet 1 (measures 1-14), Refrein (measures 15-21), Couplet 2 (measures 22-27), Refrein (measures 28-34), Couplet 3 (measures 35-45), Refrein (measures 46-51), Brug (measures 52-58), and Slotrefrein (measures 59-64). Specific percussion techniques are indicated: S.C. (measures 1, 39), Beating (measures 10-14), Clap (measures 26, 49-51), Stamp (measures 49-51), and Barchimes (measures 33-34). There are also dynamic markings like hairpins and repeat signs.

ENERGIE

Kindermuziekweeklied 2024

Bells

tekst & muziek: Jan Groenteman
arr. Ivo Kouwenhoven

$\text{♩} = 112$

Couplet 1 Refrein

2 8 10 11 12

Couplet 2

13 14 15 16 17 18 4

Refrein Couplet 3

22 23 24 25 26 X X

Clap

Refrein

33 34 35 36 4 40

2nd time only

Brug

41 42 1 2 45

Slotrefrein

46 47 6 53 54 55 3 58

1 2 2 64